



VOLUNTEERS NEEDED!! Heart Breaker Challenge 2020

Please review the attached forms and indicate where you are able to volunteer. This form has important information on duties and times available to assist with this event. Once completed, please return the application along with the volunteer schedule to Linda D'Aloisio at linda.daloisio@hdgh.org Fax: 519-257-5119
Call 519-257-5111 Ext: 76922

PERSONAL INFORMATION: (please print)

DATE: _____

LAST NAME

FIRST NAME

Apt. #, Street # and Name

City and Province

Postal Code

Home Telephone #

Cell Phone #

Email Address: _____ (for HDGH use only)

EMERGENCY CONTACT:

Name

Relationship

Telephone #

Student

Adult

SMART SERVE CERTIFIED

CERTIFICATION NUMBER: _____

Do you have any physical limitations that may influence your volunteer assignment?

no

yes

If yes, please describe:

VOLUNTEER SCHEDULE FOR EACH DAY

Please read job descriptions and shift times carefully.

Please note, you may work all day if you so desire



Thursday, Sept. 17, 2020

Malden Park, 4200 Matchette Road.

Volunteer Duty	Description	Number of volunteers	Time Commitment	Type of Volunteer	Please indicate times available (check as many as you like)
Course prep/garbage pick-up	All weather conditions. Bring gloves, wear sensible footwear and layers of clothing. Standing/walking, lifting/carrying, all around Malden Park, carrying garbage bag, pick up any paper, cans, other objects	10	9am-dusk	Student/ Adult	9-12 am <input type="checkbox"/> 12-3 pm <input type="checkbox"/> 3-5 pm <input type="checkbox"/> 5-7 pm <input type="checkbox"/>
Course set-up "Village" area	All weather conditions. Bring gloves, wear sensible footwear and layers of clothing. Very physical, standing/walking, lifting/carrying, pushing/pulling	20+	9am-dusk	Student/ Adult	9-12 am <input type="checkbox"/> 12-3 pm <input type="checkbox"/> 3-5 pm <input type="checkbox"/> 5-7 pm <input type="checkbox"/>
Swag bag packing	This will be done at Hotel-Dieu Grace Healthcare 1453 Prince Road in the Brown Auditorium. NOT MALDEN PARK.	12	9am-5pm	Student/ Adult	9-12 am <input type="checkbox"/> 12-3 pm <input type="checkbox"/> 3-5 pm <input type="checkbox"/>

I have read and understand the physical requirements and expectations of the assignments I have selected and feel that I am able to uphold the responsibilities outlined in the Job Descriptions.

Please review your selections carefully and be sure that all pages of this application are complete

VOLUNTEER SCHEDULE FOR EACH DAY

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Friday, Sept. 18, 2020

Malden Park, 4200 Matchette Road.

Volunteer Duty	Description	Number of Volunteers	Time Commitment	Type of Volunteer	Please indicate times available (check as many as you like)
Course set-up	All weather conditions. Bring gloves, wear sensible footwear and layers of clothing. Very physical, standing/walking all around Malden Park, lifting/carrying, pushing/pulling, pounding in stakes, digging with a shovel.	25-30+	9am-dusk	Student/ Adult	9-12 am <input type="checkbox"/> 12-3 pm <input type="checkbox"/> 3-6 pm <input type="checkbox"/> 6-9 pm <input type="checkbox"/>
Packet pick up	Under main event area tent - bring layers of clothing as it can be cool beneath the tent. Reaching, standing.	24	9am-8pm	*ADULT ONLY*	9-12 am <input type="checkbox"/> 12-3 pm <input type="checkbox"/> 3-5 pm <input type="checkbox"/> 5-8 pm <input type="checkbox"/>

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VOLUNTEER SCHEDULE FOR EACH DAY

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EVENT DAY - Saturday, Sept. 19, 2020

Malden Park, 4200 Matchette Road.

Volunteer Duty	Description	Number of Volunteers	Time Commitment	Type of Volunteer	Please indicate times available (check as many as you like)
Course set-up	All weather conditions. Bring gloves, wear sensible footwear and layers of clothing. Very physical, standing/walking all around Malden Park, lifting/carrying, pushing/pulling, pounding in stakes, digging with a shovel.	20+	7am-1pm	Student/ Adult	7-1 pm <input type="checkbox"/>
Parking Attendant	Bring lawn chair and appropriate clothing to be in sun/out in the open during all weather conditions. Standing, walking out to required parking lot area	10	11am- 4pm	*ADULT ONLY*	11-4 pm <input type="checkbox"/>
Packet pick up	Under main event area tent - bring layers of clothing as it can be cool beneath the tent. Reaching, standing.	6	9am-3:30pm	*ADULT ONLY*	9-3:30 pm <input type="checkbox"/>
Bag check-in/pick-up	Under main event area tent - bring layers of clothing as it can be cool beneath tent. Reaching, standing/walking, lifting/carrying etc. bags of unknown weight/size.	14	12noon-6pm	Adult	12-3 pm <input type="checkbox"/> 3-6 pm <input type="checkbox"/>

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EVENT DAY - Saturday, Sept. 19, 2020

Malden Park, 4200 Matchette Road.

Volunteer Duty	Description	Number of Volunteers	Time Commitment	Type of Volunteer	Please indicate times available (check as many as you like)
Obstacle monitors/ Course marshals	All weather conditions. Bring appropriate clothing (extra layers) for weather conditions, lawn chair, rubber boots, and additional snacks, bug spray, sun-block, temperature can change or vary depending on location of obstacle. Light to medium lifting at some locations, pointing/directing at other locations	60	1:00pm-6:30pm	Student/ Adult	1:00-6:30 pm <input type="checkbox"/>
Course water hand-out station 1	Standing, reaching down to ground to pick up water cups. Lifting 40L jugs of water.	5	1:30pm-6:30pm	Student/ Adult	1:30-6:30 pm <input type="checkbox"/>
Course water hand-out station 2	Standing, reaching down to ground to pick up water cups. Lifting 40L jugs of water.	5	1:30pm-6:30pm	Student/ Adult	1:30-6:30 pm <input type="checkbox"/>
Course water hand-out station 3	Standing, reaching down to ground to pick up water cups. Lifting 40L jugs of water.	5	1:30pm-6:30pm	Student/ Adult	1:30-6:30 pm <input type="checkbox"/>
Start Line Water Attendant	Standing, reaching down to ground to pick up water cups. Lifting 40L jugs of water.	1	1:30pm-4:00pm	Student	1:30-4:00 pm <input type="checkbox"/>
"Free" snack food attendant	Replenish donated food to containers.	2	3:30pm - 6:00pm	Student/ Adult	3:30-6:00 pm <input type="checkbox"/>

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Sunday, Sept. 20, 2020

Malden Park, 4200 Matchette Road.

Volunteer Duty	Description	Number of Volunteers	Time Commitment	Type of Volunteer	Please indicate times available (check as many as you like)
Course tear-down	All weather conditions. Bring gloves, wear sensible footwear and layers of clothing. Very physical, standing/walking anywhere at Malden Park, lifting/carrying, pushing/pulling, removing stakes etc.	20+	8am – 4pm	Student/ Adult	8-12 pm <input type="checkbox"/> 12-4 pm <input type="checkbox"/>
Clean-up	All weather conditions. Bring gloves, wear sensible footwear and layers of clothing. Standing/walking all around Malden Park, carrying garbage bag, pick up any paper, cans, other objects etc.	10+	8am - 4pm	Student/ Adult	8-12 pm <input type="checkbox"/> 12-4 pm <input type="checkbox"/>

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